

Week 1

A Season of Resilience in Emergency Preparations

Intro

These walk-throughs will help you take steps to prepare for disasters and put together an emergency kit. Don't worry if you are not able to do all of the suggested activities all at once! Even having a few extra items will make a big difference in improving your safety and comfort in the event of a disaster. Also, when we are prepared, we are in a better position to help our neighbors after a disaster. – Episcopal Relief & Development

Weekly Focus

<p>WHAT</p> <p>Take a deep breath and let's commit to make a start with reasonable goals.</p> <p>Initial preparation for a house fire in each of the 3 categories: plan, inform, and supplies.</p>	<p>WHY (source: FEMA)</p> <p>People and families that plan for emergencies will:</p> <ul style="list-style-type: none"> • Help keep people safe. • Limit property damage. • Know what to do during and after a disaster. • Better manage their savings. • Support community preparedness. • Help their community get back up and running after a disaster.
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Make A Plan

Meet as a household and discuss: the dangers of fire, how to evacuate, where to meet, and who to contact.

The following resources have been consolidated as handouts to help you through this process.

- [Ready.gov Create Your Family Emergency Communication Plan](#)
- [Ready.gov Family Communication Plan Fillable Card](#)
- [FEMA & Red Cross Emergency Preparedness Checklist](#)
- [Ready Colorado Household Plan](#)

__ Step 1: Complete the Family Communication Plan (handout)

__ Step 2: Complete the Escape Plan (handout)

Be Informed

Identify key information that is needed during and after a disaster and stored in appropriate locations.

__ Step 3: Print and post emergency contacts in accessible places.

__ Step 4: Print and provide all household members a wallet card to carry with them (handout).

__ Step 5: Identify and collect or copy (paper and/or electronic) all important documents (handout).

__ Step 6: Decide where to store your Kits in the house.

__ Step 7: Review plans, information, and kit locations with all household members.

Make A Kit

Each week, we will suggest items to gather or purchase for your emergency kit. Once you have your items, place them in a waterproof bag or container so that they will be safe and in an easy-to-grab place. This list was generated with one adult in mind, so multiply to accommodate everyone in your household. (source: Episcopal Relief & Development).

We will work on a kit for situations you need to evacuate quickly and one where you need to stay at home.

Evacuate		Stay at Home
__ Backpack or bucket or bag	__ Spare house & car keys	__ Fire extinguishers on each level
__ Waterproof bag or container	__ Cash in different denominations	__ Escape ladder for 2 nd level
__ Thumb drive	__ Pictures of each person	__ Carbon monoxide detectors
__ Copies of important papers (electronic / paper)	__ Contact lists	__ Fire detectors