

# A Season of Resilience in Emergency Preparations

“WHEN WE ARE PREPARED, WE ARE IN A BETTER POSITION TO HELP OUR NEIGHBORS AFTER A DISASTER.”

(EPISCOPAL RELIEF AND DEVELOPMENT, US DISASTER PROGRAM)

## Goal

- Encourage and support families to establish a plan and make proper preparations to ensure their safety and well-being during and after a disaster.

## What can you expect from St. Michael’s?

- Guide you through the process of preparing for disasters relevant to our location.
- Make information accessible & clear so all can succeed to their desired level of preparedness.
- Curate and provide sound advice from trusted sources.
  - [Episcopal Relief & Development](#)
  - [American Red Cross](#)
  - [Ready.Gov](#)
  - [Pikes Peak Regional Emergency Management](#)
  - [USAA Insurance](#)
  - [FEMA](#)
- Provide hands on examples of some recommendations.

## What can you expect to accomplish?

According to FEMA there are 3 basic things to help ensure you & your family’s safety and well-being during a disaster.

1. **Make A Plan:** Ensure all family members are equipped with who to call, what to have, & where to meet.
2. **Be Informed:** Know how to receive local alerts, call for emergency services, and secure your home.
3. **Get A Kit:** Ensure you have water, food, and cash to support all family members.

You will want to have these 3 things prepared for 2 types of general situations.

- A. **Stay At Home:** You need to remain in your house or safe facility and utilities may be interrupted.
- B. **Emergency Evacuation:** You need to quickly leave your house, work, or school to seek safer ground.

**This can be a gradual process where you may add to or upgrade items as finances allow or needs change.**

## How will we do this?

- Information will be broken up into weekly segments to make things manageable.
  - Each week will contain components of planning, being informed, and making a kit.
  - Make a binder with weekly material and handouts
- A table will be setup each week with key information and examples.
- Recommendations will apply to several situations.
- Items can be shared between “Shelter in Place” and “Evacuation” kits versus having duplicates.
- Initiate an on-going dialogue of what “A Season of Resilience” looks like for us as families and as church.
- Utilize our community to recognize and establish support to each other.

## Types of Disasters

- House fire
- Wildfire
- Winter Storm
- Gas Leak
- Tornado
- Pandemic

## Types of Impacts

- Loss of property
- Power outage
- Water outage
- Road closures
- Limited/No cell service
- Interruptions to food or gasoline supplies

## Prayer for Times of Disaster by The Rev. Lyndon Harris

O God, Our times are in your hand. In the midst of uncertainty lead us by your never-failing grace as we seek to be agents of healing and hope. Walk with us through difficult times; watch over us in danger, and give to us a spirit of love and compassion for those who suffer and mourn. And finally, remind us that you have promised never to leave us so that even in the valley of the shadow of death your love may be felt, through Jesus Christ our Lord. Amen.