

# Books for Children about Death and Loss:

- *Denotes books about the death of a sibling*

## Ages 3-6

Boritzer, Etan. What is Death? Veronica Lane Books, 2000. Non-fiction. Asks questions as a child might. Author's answers are sensible and sensitive to different cultures, different beliefs & how making life meaningful now can help a person's memory live on.

Brown, Laurie K. When Dinosaurs Die: A Guide to Understanding Death. Little, Brown, 1998. Fiction. Explains what death is and ways to honor the memory of someone who died.

Brueckner, Lacie. In Loving Memory. 2020. Book to assist the understanding of funerals, cremation, and grieving

Dougy Center. After a Death: An Activity Book for Children. Dougy Center, 2019. **Workbook** for young children dealing with grief and loss.

Durant, Alan. Always and Forever. Random House Children's, 2013. Tale about animals who lose their friend and how they cope through.

- Gryte, Marilyn. No New Baby. Centering Corporation, 1988. Story of young girl who struggles to understand the death of her newborn sibling and her hopes to someday still be a big sister.

Hanson, Warren. The Next Place. Waldman House Press, 1997. As much for adults as children. Explains "the next place" in a spiritual and poetic way.

Harder Tangvald, Christine. Someone I Loved Died. David C. Cook, 2018. Book of comfort for grieving children.

Holmes, Margaret. A Terrible Thing Happened- A Story for Children Who Have Witnessed Violence or Trauma. Magination Press, 2000. Straight forward story about how we try to hide from scary feelings.

- Johnson, Joy & Marv. Where's Jess. Centering Corp., 1982. Story in which parents explain to their child about his sibling's death.

Karst, Patrice. The Invisible String. Little Brown Books for Young Readers, 2018. Coping with separation, anxiety, and loss.

Karst, Patrice. The Invisible String Workbook. Little Brown Books for Young Readers, 2018. Coping with separation and loss.

Levy, Janice. The Spirit of Tio Fernando: A Day of the Dead Story. Whitman, 1995. Describes the Mexican celebration of the Day of the Dead; text is in English & Spanish.

- Munoz-Kiehne, Marisol. Since My Brother Died: Desde que Murio Mi Hermano. Centering Corporation, 2000. Both in English and Spanish, a child speaks about how things have been since his brother has died.

Mills, Joyce. Gentle Willow: A Story for Children about Dying. Magination Press, 2003. Story of squirrel & tree who are friends; how squirrel handles death of tree.

Mundy, Michaelene & Alley, R.W. Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss. Sagebrush Educ. Resources, 1998. Offers children & their caregivers comforting realistic look at loss.

Olivieri, Laura. Where are You? Lulu.com, 2007. A child's book about loss.

Parr, Todd. The Goodbye Book. Little Brown Books for Young Readers, 2015. Loss and grief through the eyes of a pet fish.

## Ages 3-6 cont...

Rowland, Joanna. The Memory Box. Sparkhouse Family, 2017. A children's book about grief. A child loses her favorite balloon and copes with her loss.

Rowland, Joanna. The Memory Book. Beaming Books, 2020. Journal and **workbook** to help process emotions together.

Silverman, Janis. Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies. Fairview Press, 1999. **Activity book** that encourages children to express their feelings in words or pictures.

Suess, Dr., Johnson, Steve & Fancher, Lou. My Many Colored Days. Alfred Knopf, 1998. A picture book about feelings.

Thomas, Pat & Harker, Lesley. I Miss You: A First Look at Death. Barron's Educational Series, 2001. Helps children understand that death is a natural complement to life, and that grief and a sense of loss are normal feelings to have following a loved one's death.

Varley, Susan. Badger's Parting Gifts. Harper Trophy, 1992. A badger gives gifts to his friends before his death helping them realize that memories are the best gifts.

Viorst, Judith. The Tenth Good Thing About Barney. Aladdin, 1987. In an attempt to overcome his grief, boy tries to think of the 10 best things about his cat.

- Yeomans, Ellen. Lost and Found. Centering Corp., 2000. Preschool girl tells about her confusing thoughts and feelings after the death of her sister.

Zucker, Bonnie. Something Very Sad Happened. Magination Press, 2016. A toddler's guide to understanding death.