

Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Reading from the Book of Proverbs (9:1-6)

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, "You that are simple, turn in here!" To those without sense she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight."

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 34:9-14

The Book of Common Prayer Pg. 628

Benedicam Dominum

Fear the Lord, you that are his saints, * for those who fear him lack nothing.
The young lions lack and suffer hunger, * but those who seek the Lord lack nothing that is good.
Come, children, and listen to me; * I will teach you the fear of the Lord.
Who among you loves life * and desires long life to enjoy prosperity?
Keep your tongue from evil-speaking * and your lips from lying words.
Turn from evil and do good; * seek peace and pursue it.

People **Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.**

A Reading from the Letter of Paul to the Ephesians (5:15-20)

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader The Word of the Lord.

People **Thanks be to God.**

The Gospel

Celebrant The Holy Gospel of Our Lord Jesus Christ According to John. **John (6:51-58)**

People **Glory to you, Lord Christ.**

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so

whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

Celebrant The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon The Rev. Gary Darress

Meditation “Arioso” from Cantata 156
Elisa Wicks, Violin

By J.S. Bach

The Nicene Creed

The Book of Common Prayer, Pg. 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin
Mary,
and was made man.
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.
On the third day he rose again**

**in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of
the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the
Son.
With the Father and the Son he is
worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the
dead,
and the life of the world to come.
Amen.**

The Prayers of the People Form VI

The Book of Common Prayer, Pg. 392

Leader In peace, we pray to you, Lord God.
Silence

Leader For all people in their daily life and work;
People **For our families, friends, and neighbors, and for those who are alone.**
Leader For this community, the nation, and the world;
People **For all who work for justice, freedom, and peace.**
Leader For the just and proper use of your creation;
People **For the victims of hunger, fear, injustice, and oppression.**
Leader For all who are in danger, sorrow, or any kind of trouble;
People **For those who minister to the sick, the friendless, and the needy.**
Leader For the peace and unity of the Church of God;
People **For all who proclaim the Gospel, and all who seek the Truth.**

Leader For Michael, our Presiding Bishop, and Kym, our Bishop; and for all bishops and other ministers;
People **For all who serve God in his Church.**
Leader And we pray for the special needs and concerns of this congregation.
Silence

Leader We pray for the sick in body, mind, or spirit: Ji-bril, Laura, Miles, Cheryl, Gael, Cindy, John, Linda, James, Steve, Nancy, Tom J., Naomi, Rose, Katie, Judy, Roger, Hank, Gail, Kelsey, Leona, Bobbi S., Bob K., Tracy, Donald, Tristan, Keith, Kitty, Jan L, Kathy, Alice, Terry, Mary, Marge W., Andrew, Carol P., & Steve.
We pray for the deployed and those serving in the military: Garrett, and Zachariah. And we give thanks for the safe return of Lawrence.
Pray for those celebrating birthdays this week: Cecilia, Sandie, Cindy C., Kaelin, Nita H., Debbie K., Carol, Bryan, Kelsey M., Molly T., David D., Lonnie, Gaile, and Duncan. We also give thanks for the anniversaries this week of: Judy & Justin Morrill, Eillene & Ron Wiley, Tom Darling & Leslie Smith-Darling, and Brad & Pam Kellen.
We pray for those who have died. May we remember with thanksgiving those we no longer see. Grant us the mercy and grace to weep with those who weep and comfort those who mourn.

The Confession

The Book of Common Prayer Pg. 360

Deacon Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

The Peace

Celebrant The Peace of the Lord be always with you.

People **And also with you.**

(You are encouraged to use your cell phone to exchange the peace via text message)

Announcements

Digital Offering

(To make a one-time contribution to St. Michael's or to pay your pledge online;)

1. Using your text message on your smart phone, text the word GIVE to 719-223-3446.
2. Then click on the secure link sent to you via text message to make a contribution.

Praise God, from whom all blessings flow;
praise him, all creatures here below,
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

The Great Thanksgiving Prayer B

The Book of Common Prayer Pg. 367

Celebrant All things come of thee O Lord.
People **And of thine own have we given thee.**

Celebrant The Lord be with you.
People **And also with you.**

Celebrant Lift up your hearts.
People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give God thanks and praise.**

Celebrant It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.
(An appropriate Proper Preface is offered here and the service continues as follows.)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

People **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the

fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all of your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

The Book of Common Prayer Pg. 364
**as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The Book of Common Prayer Pg. 364

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, feed on him in your hearts by faith, with thanksgiving.

Communion Hymns:

“Be Thou My Vision” (Violin Solo)

“I am the bread of life”

Hymn #335

1. I am the bread of life;
they who come to me shall not hunger,
they who believe in me shall not thirst.
No one can come to me
unless the Father draw them.

Refrain:

**And I will raise them up,
And I will raise them up,
And I will raise them up
on the last day.**

2. The Bread that I will give
is my Flesh for the life of the world,
and they who eat of this bread,
they shall live for ever,
they shall live for ever.

Refrain

3. Unless you eat
of the Flesh of the Son of Man
and drink of his Blood,
you shall not have life within you,
you shall not have life within you.

Refrain

4. I am the resurrection,
I am the life,
They who believe in me
even if they die,
they shall live for ever.

Refrain

5. Yes, Lord, we believe
that you are the Christ,
the Son of God
who has come into the world.

Refrain

“Shepherd of souls” **depending on the length of Communion*

Hymn #343

1. Shepherd of souls, refresh and bless
thy chosen pilgrim flock
with manna in the wilderness,
with water from the rock.
2. We would not live by bread alone,
but by thy word of grace,
in strength of which we travel on
to our abiding-place.
3. Be known to us in breaking bread,
and do not then depart;
Savior, abide with us, and spread
thy table in our heart.
4. Lord, sup with us in love divine
thy Body and thy Blood,
that living bread, that heavenly wine,
be our immortal food.

Post Communion Prayer

The Book of Common Prayer, Pg. 365

**Eternal God, heavenly Father,
you have graciously accepted us as
living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and
Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of
heart;
through Christ our Lord. Amen.**

Final Blessing

Closing Hymn “When morning gilds the skies”

Hymn #427

1. When morning gilds the skies,
my heart, awaking, cries,
may Jesus Christ be praised!
When evening shadows fall,
this rings my curfew call,
may Jesus Christ be praised!
2. When mirth for music longs,
this is my song of songs:
may Jesus Christ be praised!
God’s holy house of prayer
hath none that can compare
with: Jesus Christ be praised!
3. No lovelier antiphon
in all high heaven is known
than, Jesus Christ be praised!
There to the eternal Word
the eternal psalm is heard:
may Jesus Christ be praised!
4. Ye nations of mankind,
in this your concord find:
may Jesus Christ be praised!
Let all the earth around
ring joyous with the sound:
may Jesus Christ be praised!
5. Sing, suns and stars of space,
sing, ye that see his face,
sing, Jesus Christ be praised!
God’s whole creation o’er,
both now and evermore
shall Jesus Christ be praised!

Dismissal

Deacon Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia!
People **Thanks be to God. Alleluia, Alleluia!**

Postlude Fugue in G minor, BWV 578

J.S. Bach

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Service Participants

The Rev. Matt Holcombe, Rector
The Rev. Gary Darress, Deacon, Preacher
Amalia Dobbins, Cantor
Elisa Wicks, Violinist
Joe Galema, Organist

A special thank you to our Hospitality, Worship, and AVL
Volunteers



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