

Third Sunday in Lent March 3, 2024 8:00 AM & 10:30 AM Holy Eucharist II

We are glad you have chosen to join us today as we worship God together. Thank you for silencing your cell phone and wearing a name tag. Single use name tags are available on the welcome table in the Gathering Space, along with name tag request forms. If this is your first time visiting, you have a prayer request, or you would like to get more connected, please fill out a pew card and place it in the offertory plate or the black box on the welcome table in the Gathering Space. Our Nursery, located on the lower level, is open today from 7:45 AM - 12:00 PM for children 5 and under. The Bible we are using to proclaim the Gospel is The Saint John's Bible, Heritage Edition, and you can learn more about the Bible at stmikeschurch.com/bible. We hope you have a blessed day and week ahead.

Prelude "Wondrous Love" by Rebecca Groom te Velda

## **Opening Hymn**

"Forty days and forty nights"

Hymn 150

- 1. Forty days and forty nights thou wast fasting in the wild; forty days and forty nights tempted, and yet undefiled.
- 2. Should not we thy sorrow share and from worldly joys abstain, fasting with unceasing prayer, strong with thee to suffer pain?
- 3. Then if Satan on us press, Jesus, Savior, hear our call! Victor in the wilderness, grant we may not faint nor fall!

- 4. So shall we have peace divine: holier gladness ours shall be; round us, too, shall angels shine, such as ministered to thee.
- 5. Keep, O keep us, Savior dear, ever constant by thy side; that with thee we may appear at the eternal Eastertide.

# **Opening Acclamation**

Celebrant Bless the Lord who forgives all our sins;

People God's mercy endures for ever.

(Please kneel as you are able)

### The Decalogue: Contemporary

The Book of Common Prayer, Pg. 350

Celebrant Hear the commandments of God to his people: I am the Lord your God who brought you out of

bondage. You shall have no other gods but me.

People Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31* 

Deacon

Let us confess our sins against God and our neighbor.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

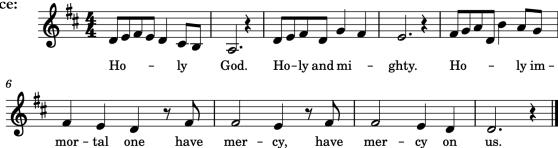
### Trisagion (Repeat 3 times)

#### 8:00 AM Service

Celebrant Holy God, Holy and Mighty, Holy Immortal One.

People Have mercy on us.

10:30 AM Service:



#### The Collect of the Day

Celebrant The Lord be with you.People And also with you.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

Please be seated.

## Children are invited to attend Children's Chapel at this time (10:30 AM Service)

Children will return during The Peace

# A Reading from the Book of Exodus (20:1-17)

Then God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader The Word of the Lord. **People** Thanks be to God.

#### Psalm 19

The Book of Common Prayer, Pg. 606

The heavens declare the glory of God, \* and the firmament shows his handiwork.

One day tells its tale to another, \* and one night imparts knowledge to another.

Although they have no words or language, \* and their voices are not heard,

Their sound has gone out into all lands, \* and their message to the ends of the world.

In the deep has he set a pavilion for the sun; \*
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

It goes forth from the uttermost edge of the heavens and runs about to the end of it again; \* nothing is hidden from its burning heat.

The law of the LORD is perfect and revives the soul; \* the testimony of the LORD is sure and gives wisdom to the innocent.

The statutes of the LORD are just and rejoice the heart; \* the commandment of the LORD is clear and gives light to the eyes.

The fear of the LORD is clean and endures for ever; \* the judgments of the LORD are true and righteous altogether.

More to be desired are they than gold, more than much fine gold, \* sweeter far than honey, than honey in the comb.

By them also is your servant enlightened, \* and in keeping them there is great reward.

Who can tell how often he offends? \* cleanse me from my secret faults.

Above all, keep your servant from presumptuous sins; let them not get dominion over me; \*

then shall I be whole and sound, and innocent of a great offense.

Let the words of my mouth and the meditation of my heart be acceptable in your sight, \*
O LORD, my strength and my redeemer.

### A Reading from Paul's first letter to the Corinthians (1:18-25)

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord. **People** Thanks be to God.

Sequence Hymn Taizé

Bless the Lord my soul and bless God's holy name. Bless the Lord my soul who leads me into life.

### The Gospel

Celebrant

The Holy Gospel of Our Lord Jesus Christ According to John (2:13-22)

People

Glory to you, Lord Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this? Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Celebrant The Gospel of the Lord.People Praise to you, Lord Christ.

Sequence Hymn

Sermon The Rev. Vicki Hesse

#### The Nicene Creed

The Book of Common Prayer, Pg. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

### The Prayers of the People Form III

The Book of Common Prayer, Pg. 387

Leader Father, we pray for your holy Catholic Church;

People That we all may be one.

Grant that every member of the Church may truly and humbly serve you; That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world; That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest,

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy; May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Leader

For the special needs and concerns of this congregation. For the sick and suffering, especially: Amy H., Bob, Charlie, Enid, Jonathan, Laura, Lucian, Wolf, for the victims of gun violence and war, and those we pray for during our Wednesday Healing Service.

Prayers being offered at Wednesday Healing Service for:

Alice, Amy H., Amy L., Autume, Avigea, Barbara, Bill, Bill & Ann,
Brian, Caleb, Carl, Carol P., Carol R., Carolyn B., Carolyn S., Charles, Chris, Chris, Colleen, David W.,
Debra G., Dennis, Diana, Don, Donita, Drew A., Ed S., Elly, Emily, Erica, Ethel, Greg, Hunter, Izaiha,
Jaan & Terry, Jack, Jane, Jarad, Jibril, Joyce, Kalob, Kathleen, Katherine, Kerry, Larry, Laura D., Leona, Lisa,
Lucian, John, Michael, Mark, Mary Dee, Mary E., Mary Beth, Mateo, Megan N., Megan P., Michael, Miles,
Nancy, Natalie, Nikki & Brendan, Oriana, Peyton, Randy, Rich, Rita, Roe, Ron F., Ron R., Sally, Scott,
Sharon B., Sharon D., Sherry, Steve C., Steve M., Susan, Tammy, Tripp, Valerie, Virginia, Wolf

To add or update a prayer request, use this form online: https://nww.stmikeschurch.com/prayer-request or email Diane Dennison at diane@stmikeschurch.com or call 719-598-3244.

Leader

We pray for all who have died, especially, Jo Sorge, a founding member of St. Michael's, that they may have a place in your eternal kingdom, Lord, let your loving-kindness be upon them;

People

Who put their trust in you.

Leader

For the deployed and those serving around the world: Tyler, Anton, Dallas, Brian, & Alexander.

Hear us, Lord;

People

For your mercy is great.

Leader

We thank you, Lord, for all the blessings of this life, especially for those celebrating birthdays this week: Russ H., Pam K., Katie T., Pete W., Robin S., Paul B., Joel P., Doug S., Michael V., Kristy C., Jackson S., Donald A., Imelda B., Andres M.; and those with anniversaries Linda & Michael Weidner:; and for those expecting: Kate D., Roxy S., and Kristin P. We will exalt you, O God our King.

King;

People

And praise your name for ever and ever.

Celebrant

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will, through Jesus Christ Our Lord. **Amen.** 

The Peace

(Please stand)

Celebrant

The Peace of the Lord be always with you.

People

And also with you.

Announcements

# **Digital Offering** (To make a one-time contribution to St. Michael's or to pay your pledge online;)

- 1. Text the word GIVE to 719-223-3446, and follow the secure link.
- 2. Scan the QR code using your phone's camera.



**Offertory** (8:00 AM Service) (10:30 AM Service)

"Wondrous Love"
"Bread of Life"

Hymn 439 from *We Remember Calvary* by Joel Raney

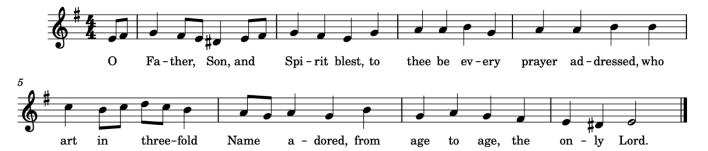
The Doxology (8:00 Spoken)

Celebrant All things come of thee O Lord.

*People* And of thine own have we given thee.

(10:30AM Service Sung)

Hymn 143, vs. 5



### The Great Thanksgiving Prayer C

The Book of Common Prayer, Pg. 361

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Celebrant

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and

martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

(The people stand or kneel)

Celebrant

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers and Mothers: God of Abraham, Sarah, Isaac, Rebecca, Jacob and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship from generation to generation. **AMEN**.

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

# The Lord's Prayer

The Book of Common Prayer, Pg. 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

### The Breaking of the Bread

The celebrant breaks the consecrated Bread. A period of silence is kept.

The Book of Common Prayer, Pg. 364

Jesus, Lamb of God: have mercy on us. Jesus, bearer of our sins: have mercy on us. Jesus, redeemer, redeemer of the world: Give us your peace, give us your peace.

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, And feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive communion at St. Michael's. At the altar rail, you may kneel or stand, and place one hand in the other, like a manger or bowl. Once you receive the bread, you may consume it, or wait for the cup. When the wine comes to you, you may dip (intinct) your wafer into the wine and then consume it and return to your pew. If you would like to sip from the common cup, please assist the chalice bearers by guiding the chalice to your lips with one hand. If you would like to receive a blessing only, simply cross your arms in an x form across your chest and a priest will offer you a blessing.

Celiac friendly: Please come to the left side (as you face the altar) and let the clergy know if you would like to receive a gluten free host and wine.

# **Communion Hymns**

# "Change My Heart, O God"

from We Remember Calvary by Joel Raney

## "My God, thy table now is spread"

Hymn 321

- 1. My God, thy table now is spread, thy cup with love doth overflow; be all thy children thither led, and let them thy sweet mercies know.
- 2. O let thy table honored be, and furnished well with joyful guests; and may each soul salvation see, that here its sacred pledges tastes.
- "There is a balm in Gilead"

3. Drawn by thy quickening grace, O Lord, in countless number let them come and gather from their Father's board the Bread that lives beyond the tomb.

4. Nor let thy spreading Gospel rest till through the world thy truth has run, till with this Bread shall all be blessed who see the light or feel the sun.

LEVAS 203

There is a balm in Gilead to make the wounded whole; There is a balm in Gilead to heal the sin-sick soul.

- Sometimes I feel discouraged, And think my work's in vain, But then the holy spirit Revives my soul again. Refrain
- 3. Don't ever be discouraged
  For Jesus is your friend,
  And if you lack for knowledge,
  He'll ne'er refuse to lend.
  Refrain

### Lay Eucharistic Visitor Sending

2. If you cannot preach like Peter, If you cannot preach like Paul, You can tell the love of Jesus, And say He died for all. Refrain

When present, Eucharistic Visitors are commissioned to carry the Consecrated Gifts of Holy Communion to those who are unable, due to illness or impairment, to join us for Sunday services.

Celebrant In the name of God and this community, I send you forth bearing these holy gifts, that those to whom

you go may share with us in the communion of Christ's Body and Blood.

We who are many are one body, because we all share one bread, one cup.

(Please kneel in body or spirit)

### Post Communion Prayer

The Book of Common Prayer, Pg. 365

Celebrant Let us pray.

People

People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.

And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

#### Final Blessing

#### Closing Hymn

"Before thy throne, O God, we kneel"

Hymn 574

- 1. Before thy throne, O God, we kneel: give us a conscience quick to feel, a ready mind to understand the meaning of thy chastening hand; whate'er the pain and shame may be, bring us, O Father, nearer thee.
- 2. Search out our hearts and make us true; help us to give to all their due. From love of pleasure, lust of gold, from sins which make the heart grow cold, wean us and train us with thy rod; teach us to know our faults, O God.
- 3. For sins of heedless word and deed, for pride ambitious to succeed, for crafty trade and subtle snare to catch the simple unaware, for lives bereft of purpose high, forgive, forgive, O Lord, we cry.
- 4. Let the fierce fires which burn and try, our inmost spirits purify: consume the ill; purge out the shame; O God, be with us in the flame; a new-born people may we rise, more pure, more true, more nobly wise.

#### **Dismissal**

Deacon Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

Fantasy on "Forty Days and Forty Nights"

by Matthew McConnell

Copyright: Permission to reprint and stream the music in this service has been obtained from ONE LICENSE #A-731882, RiteSong, and CCLI #2856794. Prelude: © 2015 Oxford University Press; Trisagion: © 2011 Fernando Ortega; GA: by Jacques Berthier © 1984 Les Presses de Taizé (France) admin. GIA; Meditation: by David Leonard & Mike Weaver, © 2019 Integrity's Alleluia Music, Word Music, LLC, Small Stone Media, Weave Country & Hyatt Street; Offertory: © 2011 Hope Publishing; Communion: (1) © 1998 Ateliers et Presses de Taizé (France) (2) words by John Bell © 1987 and arr. © 1995 WGRG the Iona Community (Scotland) admin. GIA Publications; Postlude: © 2017 Lorenz Publishing Co.

Today, Sunday, March 3, 2024
Sunday Forum - Re-LENT, 9:15 AM
Parenting Small Group, 9:15 AM
Baptism Prep Class, 9:15 AM
Vestry Person of the Day – Steve Shively

40 Days of Giving – Donations due to the church between Palm Sunday & Easter

Easter Flowers & Brass – Donations Due by March 20

Afternoon with The Saint John's Bible - Saturday, March 9

SMASH - Icon Tour at Holy Theophany Orthodox Church - Tuesday, March 12, 3:00 PM (RSVP)

Lenten Soup Suppers – Wednesdays, through March 27, 5:30 -7:00 PM (RSVP)

**Fish Fry** - Friday, March 15, 5:30-7:30 PM (*RSVP*)

Palm Sunday Brunch, Sunday, March 24 after the 8::00 & 10:30 Services (RSVP to help)

IHN Host Week – March 24-31 (RSVP to help)

#### St. Michael's Episcopal Church

7400 Tudor Rd., Colorado Springs, CO 80919 Office: (719) 598-3244 Email: contact@stmikeschurch.com Office Hours: Monday - Thursday 9:00 AM - 3:00 PM

The Rev. Matt Holcombe, Rector, x101

The Rev. Vicki Hesse, Associate Rector, x102

The Rev. Dr. Joanne Sanders, Assisting Clergy

The Rev. Dr. Winifred Mitchell, Assisting Clergy

The Rev. Gary Darress, Deacon

Owen Copps, Director of Children & Youth Ministries, x104

Ama Couch, Communications Coordinator

Diane Dennison, Receptionist & Volunteer Coordinator, x100

Amalia Dobbins, Director of Music, x115

Daniel Foster, Organist

Drew Hutchison, AV Technician

Linda Kean, Newcomer Ministry Coordinator, x106

Jan McLaughlin, Finance Manager, x105

Tamika Richardson, Sexton

Jennie Wandfluh, Director of Parish Life x 103

Vicki@stmikeschurch.com
Joanne@stmikeschurch.com
Contact@stmikeschurch.com
Gary@stmikeschurch.com
Owen@stmikeschurch.com
Comm@stmikeschurch.com
Diane@stmikeschurch.com
Amalia@stmikeschurch.com
Daniel@stmikeschurch.com
AVL@stmikeschurch.com
Linda@stmikeschurch.com
Finance@stmikeschurch.com
Tamika@stmikeschurch.com

Jennie@stmikeschurch.com

Matt@stmikeschurch.com