



Fifth Sunday after the Epiphany
February 4, 2024
8:00 AM & 10:30 AM
Holy Eucharist II

We are glad you have chosen to join us today as we worship God together. Thank you for silencing your cell phone and wearing a name tag. Single use name tags are available on the welcome table in the Gathering Space, along with name tag request forms. If this is your first time visiting, you have a prayer request, or you would like to get more connected, please fill out a pew card and place it in the offertory plate or the black box on the welcome table in the Gathering Space. Our Nursery, located on the lower level, is open today from 7:45 AM - 12:00 PM for children 5 and under. *The Bible we are using to proclaim the Gospel is The Saint John's Bible, Heritage Edition, and you can learn more about the Bible at stmikeschurch.com/bible.* We hope you have a blessed day and week ahead.

Prelude "O store Gud" by Robert A. Hobby

Opening Hymn "Praise to the Lord, the Almighty" Hymn 390

1. Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
Join the great throng, psaltery, organ and song,
Sounding in glad adoration.
2. Praise to the Lord, over all things he gloriously reigneth,
Born as on eagle wings, safely his saints he sustaineth:
Hast thou not seen how all thou needest hath been
Granted in what he ordaineth?
3. Praise to the Lord, who doth prosper thy way, and defend thee;
Surely his goodness and mercy shall ever attend thee;
Ponder anew what the Almighty can do,
Who with his love doth befriend thee.
4. Praise to the Lord! Oh let all that is in me adore him!
All that hath life and breath, come now with praises before him!
Let the Amen sound from his people again,
Gladly forever adore him!

Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever. Amen.**

The Collect for Purity

People **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Glory to God in the highest,
 and peace to his people on earth.
 Lord God, heavenly King, almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
 Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand of the Father:
 receive our prayer.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Children are invited to attend Children's Chapel at this time (10:30 AM Service)

Children will return during The Peace

A Reading from the Prophet Isaiah (40:21-31)

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the Lord, and my right is disregarded by my God”? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 147 147:1-12, 21

The Book of Common Prayer pg. 804

Hallelujah!

**How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
The Lord rebuilds Jerusalem; *
he gathers the exiles of Israel.
He heals the brokenhearted *
and binds up their wounds. He counts the number of the stars *
and calls them all by their names.
Great is our Lord and mighty in power; *
there is no limit to his wisdom.
The Lord lifts up the lowly, *
but casts the wicked to the ground.
Sing to the Lord with thanksgiving; *
make music to our God upon the harp.
He covers the heavens with clouds *
and prepares rain for the earth;
He makes grass to grow upon the mountains *
and green plants to serve mankind.
He provides food for flocks and herds *
and for the young ravens when they cry.
He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.
Hallelujah!**

A Reading from Paul’s first letter to the Corinthians (9:16-23)

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People **Thanks be to God.**

Gospel Acclamation

“Celtic Alleluia”

The Gospel

Celebrant The Holy Gospel of Our Lord Jesus Christ According to Mark (1:29-39)

People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Gospel Acclamation

“Celtic Alleluia”

Sermon

The Rev. Matt Holcombe

Meditation (10:30 service)

“Come Unto Jesus”

by Laura Story

The Nicene Creed

The Book of Common Prayer, Pg. 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,**

true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

The Prayers of the People Form VI

The Book of Common Prayer, Pg. 392

Reader In peace, we pray to you, Lord God.
Silence

Leader For all people in their daily life and work;
People **For our families, friends, and neighbors, and for those who are alone.**

Leader For this community, the nation, and the world;
People **For all who work for justice, freedom, and peace.**

Leader For the just and proper use of your creation;
People **For the victims of hunger, fear, injustice, and oppression.**

Leader For all who are in danger, sorrow, or any kind of trouble;
People **For those who minister to the sick, the friendless, and the needy.**

Leader: For the peace and unity of the Church of God;
People **For all who proclaim the Gospel, and all who seek the truth.**

Leader: For Michael, our Presiding Bishop, Kym, our Bishop, our Clergy; and for all bishops and other ministers;
People **For all who serve God in the Church.**

Leader For the special needs and concerns of this congregation. For the sick and suffering, especially: Carol, Carolyn, Colleen, David W., Delores, Iranice, Laura, Lois, Lorraine, Lucian, Marybeth, Scott, Steve C., Susan, for the victims of gun violence and war, and those we pray for during our Wednesday Healing Service.

Prayers being offered at Wednesday Healing Service for:

Alice, Amy H., Amy L., Autume, Barbara, Beth B., Beth C., Beverly T., Bianca & Elijah, Bill & Ann, Brian, Caleb, Carol P., Carol R., Carolyn B., Carolyn S., Charles, Chris, Darline, Dave J., Debbie, Debbie K., Debra G., Dennis, Diana, Erica, Erica, Ericka, Jeff & Eva, Ethel, GG, Hunter, Jaan & Terry, Jarad, Jibril, Joyce, Kalob, Katherine, Kathleen, Laura D., Laura J., Leona, Lucian, Jeremiah H., Mark, Mary E., Mateo, Megan, Melissa, Michael, Miles, Nancy, Noa, Oriana, Peyton, Randy, Rich, Ron F., Scott, Sharon B., Sharon D., Sherry, Steve, Susan, Tammy, Tom, Tripp, Valerie, Virginia, Wolf

To add or update a prayer request, use this form online: <https://www.stmikeschurch.com/prayer-request> or email Diane Dennison at diane@stmikeschurch.com or call 719-598-3244.

Leader For the deployed and those serving around the world: Tyler, Anton, Dallas, Brian, & Alexander. Hear us, Lord;

***People* For your mercy is great.**

Leader We thank you, Lord, for all the blessings of this life, especially for those celebrating birthdays this week: Carl N., Joy U., Jeff S., Grace M., Ainsley T., and those with anniversaries: Bob & Gerry Forster, A.K. & Vicky Harrod, Katy & Ryan Kolodziej; and for those expecting: Kate D., Roxy S., and Kristin P. We will exalt you, O God our King;

***People* And praise your Name for ever and ever.**

Leader We pray for all who have died, that they may have a place in your eternal kingdom, Lord, let your loving-kindness be upon them;

***People* Who put their trust in you.**

Leader The flowers on the altar are given in memory of Christine Cottey, daughter of Diane & Jim Dennison.

Celebrant Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. **Amen.**

(Please kneel as you are able.)

The Confession

Deacon Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

The Peace *(Please stand)*

Celebrant The Peace of the Lord be always with you.

People **And also with you.**

Announcements

Digital Offering *(To make a one-time contribution to St. Michael's or to pay your pledge online;)*

1. Text the word GIVE to 719-223-3446, and follow the secure link.
2. Scan the QR code using your phone's camera.



Offertory "Healed in Christ"

by Sarah Hart

The Doxology

(8:00 AM Service Spoken)

Hymn 380 vs. 3 *(10:30 AM Service Sung)*

Celebrant All things come of thee O Lord.
People **And of thine own have we given thee.**

**Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host:
Praise Father, Son, and Holy Ghost. Amen**

The Great Thanksgiving Prayer A

The Book of Common Prayer, Pg. 361

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. *(An appropriate Proper Preface is offered here and the service continues as follows.)*

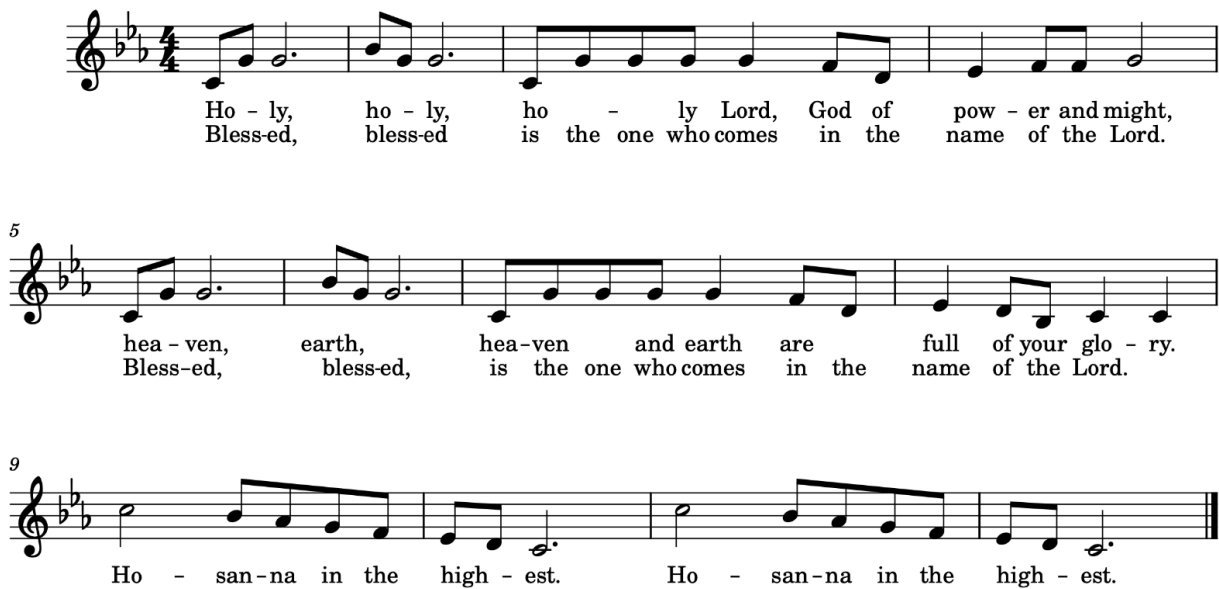
Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus (8:00 AM Spoken)

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.

Sanctus (10:30 AM Sung)

"Iona"



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
Bless-ed, bless-ed is the one who comes in the name of the Lord.

5
hea - ven, earth, hea - ven and earth are full of your glo - ry.
Bless-ed, bless-ed, is the one who comes in the name of the Lord.

9
Ho - san-na in the high - est. Ho - san-na in the high - est.

(Please kneel or stand in body or spirit)

Celebrant: Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

People: Christ has died.
Christ is risen.
Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Celebrant: And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

The Book of Common Prayer, Pg. 364

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

**as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Book of Common Prayer, Pg. 364

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Celebrant The Gifts of God for the People of God.

All are welcome to receive communion at St. Michael's. At the altar rail, you may kneel or stand, and place one hand in the other, like a manger or bowl. Once you receive the bread, you may consume it, or wait for the cup. When the wine comes to you, you may dip (intinct) your wafer into the wine and then consume it and return to your pen. If you would like to sip from the common cup, please assist the chalice bearers by guiding the chalice to your lips with one hand. If you would like to receive a blessing only, simply cross your arms in an X form across your chest and a priest will offer you a blessing.

Celiac friendly: Please come to the left side (as you face the altar) and let the clergy know if you would like to receive a gluten free host and wine.

Communion Hymns

WLP 773

“Heal me hands of Jesus”

1. Heal me, hands of Jesus,
and search out all my pain:
restore my hope, remove my fear
and bring me peace again.
2. Cleanse me, blood of Jesus,
take bitterness away;
let me forgive as one forgiven
and bring me peace today.
3. Know me, mind of Jesus,
and show me all my sin;
dispel the memories of guilt,
and bring me peace within.
4. Fill me, joy of Jesus:
anxiety shall cease
and heaven’s serenity be mine,
or Jesus brings me peace!

“On eagle’s wings”

WLP 810

1. You who dwell in the shelter of the Lord,
who abide in this shadow for life,
say to the Lord: “My refuge,
my rock in whom I trust!”

Refrain:
“And I will raise you up on eagle’s wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of my hand.”
2. Snares of the fowler will never capture you,
and famine will bring you no fear;
under God’s wings your refuge
with faithfulness your shield.
Refrain
3. For to the angels God’s given a command
to guard you in all of your ways;
upon their hands they will bear you up,
lest you dash your foot against a stone.
Refrain

Lay Eucharistic Visitor Sending

When present, Eucharistic Visitors are commissioned to carry the Consecrated Gifts of Holy Communion to those who are unable, due to illness or impairment, to join us for Sunday services.

Celebrant: In the name of God and this community, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s Body and Blood.

***People:* We who are many are one body, because we all share one bread, one cup.**

(Please kneel in body or spirit)

Post Communion Prayer

The Book of Common Prayer, Pg. 365

Celebrant Let us pray.

***People* Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Final Blessing

Closing Hymn

“Thy strong word did cleave the darkness”

Hymn 381

1. Thy strong word did cleave the darkness;
at thy speaking it was done;
for created light we thank thee,
while thine ordered seasons run:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!
2. Lo, on those who dwelt in darkness,
dark as night and deep as death,
broke the light of thy salvation,
breathed thine own life-giving breath:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!
3. Thy strong word bespeaks us righteous;
bright with thine own holiness,
glorious now, we press toward glory,
and our lives our hopes confess:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!
4. God the Father, Light-Creator,
to thee laud and honor be;
to thee, Light of Light begotten,
praise be sung eternally;
Holy Spirit, Light-Revealer,
glory, glory be to thee;
mortals, angels, now and ever
praise the Holy Trinity.

Dismissal

Deacon Let us go forth in the name of Christ. Alleluia. Alleluia. Alleluia.

People **Thanks be to God. Alleluia, Alleluia, Alleluia!**

Postlude

“Holy Manna”

by John S. Dixon

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Upcoming Events & New Announcements:

Today, Sunday, February 4, 2024

Annual Parish Meeting – 9:15 AM

Scout Sunday

Interfaith Dialogue “Who Is Your Neighbor” at UCCS Berger Hall – 4:00 – 6:00 PM

Young Adults Theology on Tap at Goat Patch – Friday, February 9

Lenten Retreat – Saturday, February 10, 8:30-2:30 (RSVP)

40 Days of Giving – Coming, Sunday February 11

Shrove Tuesday Pancake Supper – Tuesday, February 13, 5:00 -7:00 PM

Ash Wednesday, February 14

7:00 – 9:00 AM Ashes to Go in the St. Mike’s Parking Lot

12:00 PM Imposition of Ashes and Holy Eucharist

7:00 PM * Imposition of Ashes, Holy Eucharist & Choir

Lenten Soup Suppers – Wednesdays, February 21- March 27, 5:30 – 7:00 PM

40s & 50s Karaoke – Wednesday, February 21, 8:00 PM (RSVP)

February Forums

Within & Beyond Our Walls: Embodied Prayer – Sunday, February 11, 9:15 AM*

Practically Divine: Book Discussion – Sunday, February 18, 9:15 AM*

Practically Divine with Special Guest The. Rev. Becca Stevens – Sunday, February 25, 9:15 AM *

*Live Streamed

RSVP to www.stmikeschurch.com/signup

St. Michael’s Episcopal Church

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Office Hours: Monday - Thursday 9:00 AM - 3:00 PM

The Rev. Matt Holcombe, Rector, x101

The Rev. Vicki Hesse, Associate Rector, x102

The Rev. Dr. Joanne Sanders, Assisting Clergy

The Rev. Dr. Winifred Mitchell, Assisting Clergy

The Rev. Gary Darress, Deacon

Owen Cops, Director of Children & Youth Ministries, x104

Ama Couch, Communications Coordinator

Diane Dennison, Receptionist & Volunteer Coordinator, x100

Amalia Dobbins, Director of Music, x115

Daniel Foster, Organist

Drew Hutchison, AV Technician

Linda Kean, Newcomer Ministry Coordinator, x106

Jan McLaughlin, Finance Manager, x105

Tamika Richardson, Sexton

Jennie Wandfluh, Director of Parish Life x 103

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