



**St. Michael's**  
Episcopal Church  
COLORADO SPRINGS

First Sunday in Lent  
February 18, 2024  
8:00 AM & 10:30 AM  
Holy Eucharist II

Lent is the forty days of preparation for commemoration of our Lord's passion and resurrection at Easter. The season is a time when all Christians are invited "to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (BCP, p. 265). Lent extends from Ash Wednesday through Holy Saturday, omitting Sundays. The last three days of Lent are the sacred Triduum of Maundy Thursday, Good Friday, and Holy Saturday.

We are glad you have chosen to join us today as we worship God together. Thank you for silencing your cell phone and wearing a name tag. Single use name tags are available on the welcome table in the Gathering Space, along with name tag request forms. If this is your first time visiting, you have a prayer request, or you would like to get more connected, please fill out a pew card and place it in the offertory plate or the black box on the welcome table in the Gathering Space. Our Nursery, located on the lower level, is open today from 7:45 AM - 12:00 PM for children 5 and under. *The Bible we are using to proclaim the Gospel is The Saint John's Bible, Heritage Edition, and you can learn more about the Bible at [stmikeschurch.com/bible](http://stmikeschurch.com/bible).* We hope you have a blessed day and week ahead.

## Welcome

### Prelude

"Adagio"

by Tomaso Giovanni Albinoni

### Opening Hymn

"Lord, who throughout these forty days"

Hymn 142

- |  |   |
|--|---|
| <p>1. Lord, who throughout these forty days<br/>for us didst fast and pray,<br/>teach us with thee to mourn our sins,<br/>and close by thee to stay.</p> <p>2. As thou with Satan didst contend,<br/>and didst the victory win,<br/>O give us strength in thee to fight,<br/>in thee to conquer sin.</p> <p>3. As thou didst hunger bear and thirst,<br/>so teach us, gracious Lord,<br/>to die to self, and chiefly live<br/>by thy most holy word.</p> | <p>4. And through these days of penitence,<br/>and through thy Passiontide,<br/>yea, evermore, in life and death,<br/>Jesus! with us abide.</p> <p>5. Abide with us, that so, this life<br/>of suffering overpast,<br/>an Easter of unending joy<br/>we may attain at last!</p> |
|--|---|

### Opening Acclamation

*Celebrant* Bless the Lord who forgives all our sins;  
*People* **God's mercy endures for ever.**

*(Please kneel as you are able)*

*Celebrant* Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

*People* **Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath Day and keep it holy.

**Amen. Lord have mercy.**

Honor your father and your mother.

**Amen. Lord have mercy.**

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

**Amen. Lord have mercy.**

*Celebrant* Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

*Deacon* Let us confess our sins against God and our neighbor.

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.**

For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### Trisagion

8:00 AM Service (*Repeat 3 times*)

*Celebrant* Holy God, Holy and Mighty, Holy Immortal One.  
*People* **Have mercy on us.**

10:30 AM Service:

Ho - ly God. Ho-ly and mi - ghty. Ho - ly im -  
6  
mor - tal one have mer - cy, have mer - cy on us.

### The Collect of the Day

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

**Children are invited to attend Children’s Chapel at this time (10:30 AM Service)**

*Children will return during The Peace*

### A Reading from the Book of Genesis (9:8-17)

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall

never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

*Reader* The Word of the Lord.  
*People* **Thanks be to God.**

**Psalm 25:1-9**

The Book of Common Prayer pg. 614

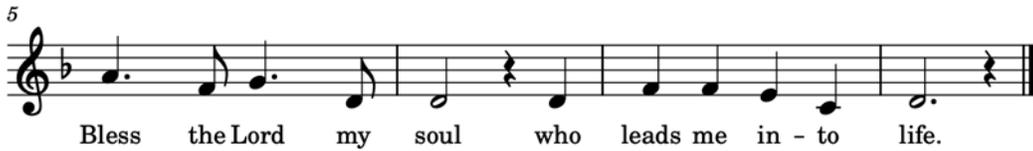
**To you, O LORD, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.  
Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.  
Show me your ways, O LORD, \*  
and teach me your paths.  
Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.  
Remember, O LORD, your compassion and love, \*  
for they are from everlasting.  
Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O LORD.  
Gracious and upright is the LORD; \*  
therefore he teaches sinners in his way.  
He guides the humble in doing right \*  
and teaches his way to the lowly.  
All the paths of the LORD are love and faithfulness \*  
to those who keep his covenant and his testimonies.**

**A Reading from the first letter of Peter (3:18-22)**

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

*Reader* The Word of the Lord.  
*People* **Thanks be to God.**

Sequence Hymn



The Gospel

*Celebrant*  
*People*

The Holy Gospel of Our Lord Jesus Christ According to Mark (1:9-15)  
**Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Celebrant*  
*People*

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

Sequence Hymn

**Bless the Lord my soul and bless God's holy name.  
Bless the Lord my soul who leads me into life.**

Sermon

The Rev. Matt Holcombe

Meditation (10:30 service)

"Who Am I"

by Casting Crowns

The Nicene Creed

The Book of Common Prayer, Pg. 358

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.**

For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### The Prayers of the People Form III

The Book of Common Prayer, Pg. 387

*Leader* We pray for your holy catholic Church;  
*People* **That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*Leader* For the special needs and concerns of this congregation. For the sick and suffering, especially: Bob, Brendan, Carol, Carolyn, Clare, Colleen, Delores, Elly, Laura, Lisa, Lois, Lorraine, Lucian, Mary Dee, Nikki, Stacy, Steve C., Susan, for the victims of gun violence and war, and those we pray for during our Wednesday Healing Service.

*Prayers being offered at Wednesday Healing Service for:*

*Alice, Amy H., Amy L., Autume, Barbara, Beth B., Beth C., Beverly T., Bill H., Bill & Ann, Brian, Caleb, Carol P., Carol R., Carolyn B., Carolyn S., Charles, Chris, Chris, Darlene, Dave J., David W., Debbie K., Debra G., Dennis, Don S., Diana, Ed, Emily, Erica, Ericka, Jeff & Eva, Ethel, GG, Hunter, Jaan & Terry, Jarad, Jeremiah H., Jibril, Joyce, Kalob, Katherine, Kathleen, Larry, Laura D., Laura J., Leona, Lisa, Lorraine W., Lucian, Jeremiah H., John, Mark, Mary E., Mary Beth, Mateo, Megan, Melissa, Michael, Michael, Miles, Mitch, Nancy, Natalie, Noa, Oriana, Peyton, Randy, Rich, Rita, Ron F., Russel, Scott, Sharon D., Sherry, Stacy, Steve, Susan, Tammy, Tom, Tripp, Valerie, Virginia L., Virginia R., Wolf*

*To add or update a prayer request, use this form online: <https://www.stmikeschurch.com/prayer-request> or email Diane Dennison at [diane@stmikeschurch.com](mailto:diane@stmikeschurch.com) or call 719-598-3244.*

*Leader* For the deployed and those serving around the world: Tyler, Anton, Dallas, Brian, & Alexander. Hear us, Lord;

**People** **For your mercy is great.**

*Leader* We thank you, Lord, for all the blessings of this life, especially for those celebrating birthdays this week: Steve C., Thella G., Mary L., Lisa C., Guy T., Nydia S., Ella W., Carissa W., Dan S., Loretta V., Andrew W., and those with anniversaries: Christine & Henry Hudson; and for those expecting: Kate D., Roxy S., and Kristin P. We will exalt you, O God our King;

**People** **And praise your name for ever and ever.**

*Celebrant* Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will, through Jesus Christ Our Lord. **Amen.**

**The Peace** *(Please stand)*

*Celebrant* The Peace of the Lord be always with you.

**People** **And also with you.**

## Announcements

**Digital Offering** *(To make a one-time contribution to St. Michael's or to pay your pledge online;)*

1. Text the word GIVE to 719-223-3446, and follow the secure link.
2. Scan the QR code using your phone's camera.



**Offertory** *(8:00 AM Service)*  
*(10:30 AM Service)*

“Jesus, Lover of my soul”  
“We Remember”

Hymn 699  
from *We Remember Calvary* by Joel Raney

**The Doxology (8:00 Spoken)**

*Celebrant* All things come of thee O Lord.

*People* **And of thine own have we given thee.**

(10:30AM Service Sung)

Hymn 143, vs. 5

O Fa-ther, Son, and Spi-rit blest, to thee be ev-ery prayer ad-dressed, who  
5  
art in three-fold Name a-dored, from age to age, the on-ly Lord.

**The Great Thanksgiving Prayer C**

The Book of Common Prayer, Pg. 361

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Celebrant* God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*(The people stand or kneel)*

*Celebrant* And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers and Mothers: God of Abraham, Sarah, Isaac, Rebecca, Jacob and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

*Celebrant:* And now, as our Savior Christ has taught us, we are bold to say,

**The Lord's Prayer**

The Book of Common Prayer, Pg. 364

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,**

**as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

**The Breaking of the Bread**

The Book of Common Prayer, Pg. 364

*The celebrant breaks the consecrated Bread. A period of silence is kept.*

Je - sus, Lamb of God: have mer - cy on us.

5  
Je - sus, bear - er of our sins: have mer - cy on us.

9  
Je - sus, re - deem - er, re - deem - er of the world:

13  
give us your peace, give us your peace.

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, And feed on him in your hearts by faith, with thanksgiving. **Amen.**

*All are welcome to receive communion at St. Michael's. At the altar rail, you may kneel or stand, and place one hand in the other, like a manger or bowl. Once you receive the bread, you may consume it, or wait for the cup. When the wine comes to you, you may dip (intinct) your wafer into the wine and then consume it and return to your pew. If you would like to sip from the common cup, please assist the chalice bearers by guiding the chalice to your lips with one hand. If you would like to receive a blessing only, simply cross your arms in an X form across your chest and a priest will offer you a blessing.*

**Celiac friendly:** Please come to the left side (as you face the altar) and let the clergy know if you would like to receive a gluten free host and wine.

### Communion Hymns

#### “Jesus remember me”

Taizé

Jesus remember me when you come into your kingdom.  
Jesus remember me when you come into your kingdom.

**“Wilt thou forgive that sin, where I begun”**

Hymn 141

1. Wilt thou forgive that sin, where I begun,  
which is my sin, though it were done before?  
Wilt thou forgive those sins through which I run,  
and do run still, though still I do deplore?  
When thou hast done, thou hast not done,  
for I have more.
2. Wilt thou forgive that sin, by which I won  
others to sin, and made my sin their door?  
Wilt thou forgive that sin which I did shun  
a year or two, but wallowed in a score?  
When thou hast done, thou hast not done,  
for I have more.
3. I have a sin of fear that when I've spun  
my last thread, I shall perish on the shore;  
swear by thyself, that at my death thy Son  
shall shine as he shines now, and heretofore.  
And having done that, thou hast done,  
I fear no more.

**“Sunday’s palms are Wednesday’s ashes”**

1. Sunday’s palms are Wednesday’s ashes, as another Lent begins;  
Thus we kneel before our Maker in contrition for our sins.  
We have marred baptismal pledges, in rebellion gone astray;  
Now, returning, seek forgiveness; grant us pardon, God, this day!
2. We have failed to love our neighbors, their offences to forgive,  
Have not listened to their troubles, nor have cared just how they live,  
We are jealous, proud, impatient, loving over much our things;  
May the yielding of our failings be our Lenten offerings.
3. We are hasty to judge others, blind to proof of human need;  
And our lack of understanding demonstrates our inner greed;  
We have wasted earth’s resources; want and suffering we’ve ignored;  
Come and cleanse us, then restore us; make new hearts within us, Lord!

**Lay Eucharistic Visitor Sending**

*When present, Eucharistic Visitors are commissioned to carry the Consecrated Gifts of Holy Communion to those who are unable, due to illness or impairment, to join us for Sunday services.*

*Celebrant* In the name of God and this community, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

**People** We who are many are one body, because we all share one bread, one cup.

*(Please kneel in body or spirit as you are able)*

## Post Communion Prayer

The Book of Common Prayer, Pg. 365

*Celebrant* Let us pray.

*People* **Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

## Final Blessing

### Closing Hymn

“The glory of these forty days”

Hymn 143, vs. 1-4

1. The glory of these forty days  
we celebrate with songs of praise;  
for Christ, through whom all things were made,  
himself has fasted and has prayed.
2. Alone and fasting Moses saw  
the loving God who gave the law;  
and to Elijah, fasting, came  
the steeds and chariots of flame.
3. So Daniel trained his mystic sight,  
delivered from the lions’ might;  
and John, the Bridegroom’s friend, became  
the herald of Messiah’s name.
4. Then grant us, Lord, like them to be  
full oft in fast and prayer with thee;  
our spirits strengthen with thy grace,  
and give us joy to see thy face.

## Dismissal

*Deacon* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

## Postlude

“Out of the Depths”

by Johann Kuhnau

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## Upcoming Events

**Today, Sunday, February 18, 2024**

**Practically Divine: Book Discussion – 9:15 AM\***

**Lenten Soup Suppers – Wednesdays, February 21- March 27, 5:30 – 7:00 PM (RSVP)**

**Practically Divine with Special Guest The. Rev. Becca Stevens – Sunday, February 25, 9:15 AM \***